

# **VARM – Vulnerable Adult Risk Management (3 hours)**

**This course is a Level 3 course and is suitable for all delegates working within the voluntary and independent sector, supporting 'Adults at Risk of Harm' (formerly Vulnerable Adults), in a range of settings.**

This course is suitable for delegates with safeguarding decision making responsibility, working in the voluntary and independent sector, working with 'Adults at Risk of Harm' within a range of settings. This activity is appropriate for those that supervise, manage or quality-assure the work of practitioners. Delegates must have attended a Level 2 course e.g. Reporting Concerns, Mental Capacity Act, Reporting Concerns face to face training session.

## **Target Group:**

- As a pre-requisite, delegates must evidence attendance/knowledge at Level 1 Recognising Adult abuse and Level 2 (Mental Capacity Act 2005 and Reporting a Concern)
- Have a strategic, managerial or operational decision making role within your organisation
- Are new in post or refreshing knowledge
- May need to meet various standards/qualifications/continual professional development

## **Aims:**

To enable delegates to consider the implications and application of the VARM - Vulnerable Adults Risk Management Process.

## **Outcomes:**

By the end of this session, delegates will be able to:

- Understand what the VARM process is
- Describe who the process applies to
- Explain when a VARM should be used and the eligibility criteria
- Review documentation pertaining to the process

- Apply knowledge and skills to practice

## **Content:**

- This course allows professional to understand the VARM process and encourages confidence in responding appropriately in order to help support the individual.
- Provide opportunities to think about how professionals can audit for evidence of applied knowledge and skills in practice – Supervision.
- Consider good practice and provides a legislative framework
- Sets out responsibility for and when to implement the VARM process
- Review your listening, responding and reflection skills