Who do we need to keep safe?

Anyone aged 18 and over who has care and support needs, is experiencing or is at risk of abuse or neglect, and due to their care needs is unable to protect themselves from abuse or neglect.

This may be a person who:
- is elderly and frail due to ill health, has a physical disability or cognitive impairment
- has a learning disability
- has a physical disability and/or a sensory impairment
- has mental health needs including dementia or a personality disorder
- has a long term illness/condition
- abuses substances or alcohol.

What we do to keep adults safe?

Keeping adults safe means protecting their right to live safely, free from abuse, harm or neglect.

Here in the East Riding there is a team of people dedicated to keeping adults safe.

This is the Safeguarding Adults Team which is responsible for responding to any day to day concerns raised by the public, or care professionals, about the safety and wellbeing of a vulnerable adult in the East Riding.

The team is part of the East Riding of Yorkshire Council.

We also have an East Riding Safeguarding Adults Board.

What is the East Riding Safeguarding Adults Board?

This is a multi-agency partnership responsible for ensuring the protection and safety of the most vulnerable adults in the East Riding.

The Board is led by an independent chair and made up of representatives from a number of organisations including the council, police, health, care and voluntary sectors.

What do I do if I am concerned about someone?

If you become aware of, or suspect an adult, is being abused or neglected you must tell someone.

You can do this by contacting the East Riding of Yorkshire Council Safeguarding Adults Team, County Hall, Beverley (HU17 9BA) on:
- Tel: (01482) 396940
  (Mon-Thur 9am-5pm, Fri 9am-4.30pm)
  or (01377) 241273 (out of hours)
- Secure email: safeguardingadultsteam@eastriding.gcsx.gov.uk

For further details about the East Riding Adults Safeguarding Board visit www.ersab.org.uk
What is ‘abuse’ and ‘neglect’?

**Physical abuse**
- including assault, hitting, slapping, pushing, misuse of medication or restraint.

**Domestic abuse**
- including psychological, physical, sexual, financial, emotional abuse; so called ‘honour’ based violence.

**Sexual abuse**
- including rape, sexual assault, indecent exposure, sexual harassment or inappropriate looking or touching.

**Psychological abuse**
- including emotional abuse, threats of harm, humiliation, blaming, controlling, intimidation, harassment, verbal abuse or cyber bullying.

**Financial or material abuse**
- including theft, fraud, internet scamming, coercion in relation to an adult’s financial affairs, including in connection with wills, property, or financial transactions, or the misuse or misappropriation of property, possessions or benefits.

**Modern slavery**
- including slavery, human trafficking, forced labour and domestic slavery.

**Discriminatory abuse**
- including forms of harassment, slurs or similar treatment because of race, gender and gender identity, age, disability, sexual orientation or religion.

**Organisational abuse**
- including neglect and a poor level of care provided within an institution or specific care setting such as a hospital or care home, or in someone’s own home. It can be through neglect or poor professional practice because of the structure, policies, or practices within an organisation.

**Neglect and acts of omission**
- including ignoring someone’s medical, emotional or physical care needs, failing to provide access to appropriate health care, withholding essential things like food and heating.

**Self-neglect**
- including neglecting to care for one’s personal hygiene, health or surroundings and behaviour such as hoarding.